



**Year: 2011      Issue: 1**

## Presidents Corner P.1

Dear Soaring Eagles,

### Soaring Eagles

Chapter 6495  
P.O. Box 725  
Escondido, CA 92033

[www.abwa-soaringeagles.org](http://www.abwa-soaringeagles.org)

### On Eagles Wings

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Welcome to 2011—seriously? I'm sure I blinked and a decade passed with me barely noticing! A lot of memorable things did happen last year, (and in the last ten), but why does it seem easier to remember the bad news rather than the good? In business and in ABWA, it's important to acknowledge what we did well in order to repeat the successful outcomes!

Let's start this year reminding ourselves of the good things we've accomplished in your ABWA chapter over the last twelve months! In "no particular order", the Soaring Eagles achieved Best Practices Level I for 2009-2010 and a record eight Soaring Eagles were on stage in Chattanooga to receive our award from National Executive Director Rene Street. Our VP of Membership and 2007 Top Ten, Pattie Vargas, was elected District VI Vice President, the first national officer from our chapter! Anne Grimes, our Member Professional Development Chair, was selected Soaring Eagles Chapter Woman of the Year AND Top Ten nominee! Four board members attended spring District VI Conference in Reno, where the Soaring Eagles were recorded sharing our views on "what we did well" in achieving Best Practices for the previous year.

In 2010, we were VERY successful in membership recruitment, adding 14 new members to our chapter! In order to get to know our new members better, we are scheduling Wednesday January 19th for our first New Member Social of 2011. Be sure to attend the January meeting for details!

Fundraising was an outstanding success, under the guidance of VP of Fundraising Lisa Durham!! Several fundraisers throughout the year and our annual Wine and Roses event allowed us to give local scholarships to 5 deserving students, and pay for registration for 8 members to attend national conference. To top it off, the Soaring Eagles had a record setting Bottle Auction fundraiser at our December Holiday Party, raising \$1200 for our chapter! Thank you to Shelley Gardner, Lisa Durham, and Roxann Randall for their planning and leadership, and Tony Devine for his auctioneer skills!! Forty Soaring Eagles and guests attending helped to make this year's event the best ever!

Wow! It looks like we've done so many things so well that they can't all fit in this letter! Of course we couldn't do all this without YOU! Stay tuned... and don't miss the January meeting where we will introduce you to the exciting courses in the Women's Instructional Network (WIN), your BEST membership benefit available to all ABWA members!! Bring your friends and business associates and become eligible for our special raffle for each guest you invite! See you soon!

Warmly,

President Julie

*Julie Kangas*



# January Meeting

## “Resumes that Get Interviews”

### Start the New Year on a WIN-ning note!

Join us January 6th for an update on the fabulous Women’s Instructional Network

Featuring:

“Resumes that Get Interviews”  
The Training Module

Presented by our very own Soaring Eagles APEX award winners,

**Anne Grimes and Pattie Vargas**

**Where:**

Escondido Country Club 1800 Country Club Lane

Escondido, CA 92026



**When:** January 6, 2011

**Networking:** 5:45 pm

**Dinner:** 6:00 pm

**Speaker:** 6:30 pm

**Free 50/50 Raffle Tickets!**

First time visitors get \$5.00 in Free 50/50 Tickets.

Become a member your first meeting and get an additional \$5.00 in Free 50/50 Tickets!

**Dinner Prices:**

Member \$23.00

Guest \$28.00

# Are YOU getting EVERYTHING out of your ABWA Membership?



## Get Ready, Get Set, WIN!

Quick steps to log in to WIN for the first time:

Click on Member Login at [www.abwa.org](http://www.abwa.org). Enter your e-mail address on your ABWA membership record.

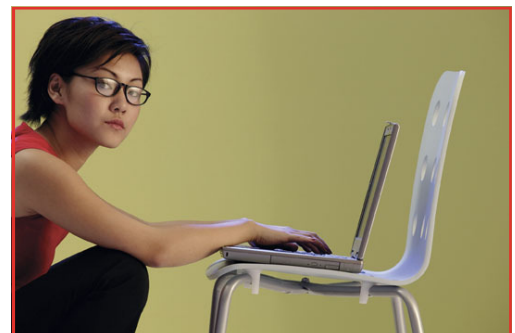
Enter the password you’ve used to access ABWA’s Online Marketplace.

*Not working or don’t have a password?*

*E-mail [webmail@abwa.org](mailto:webmail@abwa.org) to have it reset.*

Click on “Enter Now!” on the members-only welcome page. *If you haven’t paid your \$15 WIN Technology Fee yet, you’ll be directed to do so at this point.*

**Welcome to WIN!** Please post to the team board so that we know you’re here!



## Announcements & Upcoming Events

### ABWA MISSION STATEMENT

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.



Wishing you and yours a very happy & prosperous New Year!

**Welcome to the Soaring Eagles New Member!**

**Crystal Alonzo**

### Reminder of ABWA Anniversaries coming up!

- Amy Fogo
- Gwen Scheers-Farenbaugh
- Lori Schnidler
- Mary Jeanne Bryant
- Frank Gardner

### Escondido Chamber of Commerce Mixer

Thursday, January 13th 2011  
5:00 pm - 7:00 pm

125 N Broadway, Escondido CA



Networking with local business professionals at US Bank & FCLO Music Theater. Enjoy Appetizers, Raffle prizes, and a cash bar.

## ABWA Soaring Eagles Holiday Fundraiser

*There was a great turn out for the 2010 Soaring Eagles Holiday Fundraiser. Below are a few pictures from the wonderful event, where we had a record-breaking bottle auction raising \$1,200!*

*Big thank you for all who participated, planned, and sponsored this special evening!*



Michelle with her Prize and Derilyn, Sandra and Carol in the background.



Ms Vanna White.... Also known as Anne Grimes.



MJ & Lisa



Wonderful Faye and Judd.



Team Auctioneer- Tony and Lisa

## Member Spotlight



**FULL NAME: MICHELLE CORNEJO SULLIVAN**

**CURRENT CAREER POSITION: PARTNER AT SULLIVAN AND GUZMAN, APC. A LAW FIRM SPECIALIZING IN FAMILY LAW AND LANDLORD LAW.**

**FAMILY MEMBERS: DENNIS (HUSBAND) & SONS QUINN (20) AND LIAM (15)**

**MY FAMILY IS... AWESOME**

**FAVORITE QUOTE: USE IT UP, WEAR IT OUT, MAKE IT DO, OR DO WITHOUT (MY MOM)**

**ONE PIECE OF ADVICE YOU WISH YOU COULD HAVE TOLD YOURSELF 10 YEARS AGO IS... THE NEXT 10 YEARS WILL GO BY TOO FAST. ENJOY EVERY MOMENT WITH THE BOYS.**

**FAVORITE WEBSITE: WALL STREET JOURNAL WEEKEND EDITION**

**WHERE WERE YOU BORN? ST LOUIS**

**WHERE DID YOU GO TO SCHOOL? UC BERKELEY & UNIVERSITY OF SANTA CLARA SCHOOL OF LAW.**

**WHAT DEGREES/CERTIFICATIONS DO YOU HOLD? DOCTORATE AND BOARD CERTIFIED SPECIALIST IN FAMILY LAW.**

**FAVORITE THING TO DO ON A SUNDAY? BREAKFAST WITH DENNIS & THE BOYS.**

**WHO IS YOUR ROLE MODEL AND WHY? PEGGY NOONAN; SHE IS MY FAVORITE WORDSMITH.**

**FAVORITE BOOK: A TIME TO KILL— THE MOST LAWYERLY BOOK WRITTEN**

**FAVORITE FOOD: MEXICAN**

**HOW HAS TECHNOLOGY AFFECTED THE WAY YOU DO DAILY ACTIVITIES? AN ENTIRE LAW LIBRARY AND RESEARCH CAN BE CONDUCTED ON THE WEB.**

**FAVORITE SPORT: WINTER— SNOWBOARDING      SUMMER— SCUBA**

**WHAT IS ONE THING YOU COULDN'T LIVE WITHOUT? IPAD**

**HOW DO YOU EMPOWER WOMEN? I TRY TO SUPPORT OTHER WOMEN OWNED BUSINESSES AND PROFESSIONALS, AS WELL AS REFER OTHER WOMEN PROFESSIONALS WHENEVER POSSIBLE.**

**PEN, PENCIL, OR KEYBOARD? ALL OF THE ABOVE.**

**WHAT IS YOUR FAVORITE TV SHOW? CHUCK OR EUREKA**

**FACEBOOK OR MYSPACE? FACBOOK**

**BEST RESTAURANT IN SAN DIEGO COUNTY: INDIGO GRILL**

**SOMETHING MOST PEOPLE DON'T KNOW ABOUT ME IS... I AM A SCI-FI CHANNEL NERD!**

## Education & Membership

### *Let's Get This Chapter Learning!*

Happy New Year, Soaring Eagles!

A big thank you to all of you who participated in our See's Candies Fundraiser for our Member Professional Development Fund. We are still tallying up the totals and should have the results to present at our January General Meeting.

Make it one of your New Year's resolutions to get more out of your membership with ABWA by being involved and taking advantage of all the Professional Development it has to offer. Ever been to a National Conference, a regional event (such as Woman on the Go), or attended a class or seminar that was continuing education for your career?

Then what are you waiting for? Contact Anne Grimes, MPD Chair at 619-253-6869 or email [annegrimes@cox.net](mailto:annegrimes@cox.net) to find out how you may qualify for a partial reimbursement.

*"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us."*

-Hal Borland



## Urban Dictionary

### **Shatner Commas**

Oddly placed commas that don't seem to serve any actual purpose in punctuation, but make it look like you should take odd pauses, as William Shatner does when delivering lines.

*This is what Shatner commas look like:*

*When, we get to, the restaurant, we should, order some, tasty, beverages.*

### **Geek**

The people you pick on in high school and wind up working for as an adult

*The geeky kid now owns a million dollar software company*

### **Adverblasting**

When a commercials audio is much louder than the audio of a program that you actually want to watch.

*Man, I was watching NCIS, and then I had to turn down my TV when the commercials came on because of darn adverblasting.*

**ABWA Proud Code of Conduct**



- All members will serve as goodwill ambassadors for ABWA.
- Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
- Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
- Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
- Members will not use their personal power to advance their personal interests.
- Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills and by encouraging the professional development of other members.

**SOARING EAGLES**

**CHAPTER 6495  
P.O. BOX 725  
ESCONDIDO, CA 92033**

**SOARING EAGLES BOARD**

**PRESIDENT**

Julie Kangas  
760-489-5545

**TREASURER**

Carol Archibald  
760-739-1180

**CHAPTER ADVISOR**

Pattie Vargas  
760-294-2465

**VICE PRESIDENT**

Shelley Gardner  
760-809-2614

**PROFESSIONAL DEVELOPMENT**

Anne Grimes  
619-253-6867

**INLAND VALLEY COUNCIL REPRESENTATIVE**

Marlene Montooth  
760-715-5835

**VP MEMBERSHIP/ HOSPITALITY**

Pattie Vargas  
760-294-2465

**PROGRAMS**

Shelley Gardner  
760-809-2614

**IMPACT COUNCIL REPRESENTATIVE**

Ansha Saunders  
760-975-8549

**VP NEWSLETER**

Heidi Smith  
760-746-5470

**SCHOLARSHIP**

Stacey Moffat  
858-204-2677

**AUDIT COMMITTEE**

Anne Grimes, Ansha Saunders,  
Sandra Curtis

**VP FUNDRAISING**

Lisa Durham  
760-798-9692

**SOCIAL MEDIA**

Mary Large  
760-739-0717

**NOMINATING COMMITTEE**

Sue Puffet

**SECRETARY RECORDING**

Ansha Saunders  
760-975-8549

**ROSTER**

Stacey Moffat  
760-317-1480

**SECRETARY CORRESP.**

Roxann Randall  
760-471-1306

**HISTORIAN/BANNER**

Sara Dozier  
858-361-1143

## ABWA Standing Rule

### Soaring Eagles Chapter #6495

#### Approved revision 11/12/08

1. The monthly minutes of our Chapter Meeting and the monthly Treasurer's report will be published in the newsletter each month.
2. The Executive Board may approve expenditures of up to \$200.00 without the approval of the general membership.
3. The Chapter will accept Primary and Secondary members. Secondary members may not hold executive board positions or request reimbursement from the member education fund.
4. Attendees at the monthly Chapter meeting will pay the current dinner charge.
5. There will be a fee of up to \$25.00 to cover bank charges assessed for any returned check. After a second returned check, the member must pay in cash.
6. If a member's National dues lapse, the remaining paid up Chapter dues will be refunded upon request and all member privileges revoked.
7. The Chapter will send the Chapter President to the ABWA National Women's Leadership Conference. The chapter will pay the President's early registration for ABWA National Women's Leadership Conference. In addition, transportation and room costs (not to exceed four nights) will be reimbursed up to \$1,250.00. In the event the president is unable to attend, priority will be given as follows: The Woman of the Year, Executive Board members, current Chapter Top Ten, General Membership (amended 11/12/08).
8. Based on available Member Professional Development funds, attending Chapter members will be reimbursed 100% of early registration costs for ABWA National Women's Leadership Conference and/or ABWA Spring Conference. (amended 11/12/08). Based on available chapter Member Professional Development funds, all eligible attending Chapter members may be reimbursed up to 50% per MPD Guidelines of their additional expenses, excluding meals, not to exceed four nights.\*\*\*
9. If proceeds are available from Member Professional Development funds, the current and past Chapter Top Ten nominee/Chapter Woman of the year may be reimbursed for the ABWA National Women's Leadership Conference Woman of the Year/Top 10 luncheon cost (amended 11/12/08).
10. If proceeds are available from Member Professional Development funds, the current and past Soaring Eagles' Chapter Woman of the Year may be reimbursed for the ABWA National Women's Leadership Conference Woman of the Year luncheon cost.
11. If proceeds are available from the Scholarship fund, a yearly donation of up to \$1,500.00 may be made to the SBMEF.
12. Proceeds from the annual fundraiser are to be split 50/50 between the Scholarship fund and the Member Professional Development fund.
13. The Chapter Advisor shall be the immediate past president. If she is unable to serve the Chapter Advisor will be appointed by the outgoing Executive Board at the end of the term. The Chapter Advisor will not have a vote on the Executive Board.
14. A member of the Executive Board will serve on the Scholarship and Member Professional Development Committees.
15. Any member elected as Chapter Woman of the Year will not be eligible for selection until three terms have passed.
16. After a review of the Standing Rules by the Ad hoc committee, they will be published two times before going to vote by the general membership.
17. The Chapter has adopted the ABWA Proud Code of Conduct. The Code will be published in each edition of the Chapter newsletter.

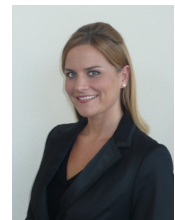
**Revised by Rosi Weisser Last Revision 7/23/07, 11/12/08**

*For questions or suggestions please*

*contact :*

**Heidi M. Smith,  
ABWA Soaring  
Eagles Newsletter  
Editor**

**[hsmith@Strophe.com](mailto:hsmith@Strophe.com)**



Special Thank You to Rosi Weisser for helping to Edit the Newsletter!